

# Alternatives to Opioids (ALTO) Cart

A Clinical innovation from the SHQA to make non-opioid pain control easy and accessible

## Situation:

Alternatives to opioids for acute and chronic pain are an evidence-based best practice for a variety of painful conditions ranging from low back pain and sprains to headache and chronic abdominal pain.

## Background:

Best practices are often not followed because of time constraints and logistical barriers.

## Assessment:

Making protocolized ALTO interventions accessible to non-provider clinical staff is an effective way to bring ALTO best practices to the bedside in a variety of inpatient or outpatient clinical settings.

## Recommendation:

Work with SHQA to secure funds (budget line item, foundation, grants, etc) for an ALTO Care Cart. SHQA provides stocking best practices and clinical use protocols that can be adapted for your organization. Virtual training for your staff is available via recorded or live webinar. Stocking is flexible based on your organizational needs.

