

# Trauma-informed Care Resources

## Books

- Bloom, S., Farragher, B. (2013). *Creating sanctuary : A new operating system for trauma-informed systems of care*. New York, NY: Oxford University Press.
- Brown, L. S. (2009). *Cultural competence in trauma therapy: beyond the flashback*. Washington, DC: American Psychological Association.
- Lipsky, L., & Burk, Connie. (2009). *Trauma stewardship an everyday guide to caring for self while caring for others (BK Life (Paperback))*. San Francisco, CA: Berrett-Koehler.
- van der Kolk, B. (2015). *The body keeps the score: brain, mind, body in the healing of trauma*. NY, NY: Penguin Books.

## Peer-reviewed articles

- Cacioppo, Stephanie, Capitanio, John P., Cacioppo, John T., Hinshaw, Stephen P., & Albarracín, Dolores. (2014). Toward a Neurology of Loneliness. *Psychological Bulletin*, 140(6), 1464-1504.
- Kusmaul, N. (2015). The content of education for direct caregivers. *Educational Gerontology*, 42(1), 1-6.
- Kusmaul, N., & Anderson, K. (2018). Applying a trauma-informed perspective to loss and change in the lives of older adults. *Social Work in Health Care*, 57(5), 355-375.
- Savolainen, Eriksson, Kananen, Kajantie, Pesonen, Heinonen, & Räikkönen. (2014). Associations between early life stress, self-reported traumatic experiences across the lifespan and leukocyte telomere length in elderly adults. *Biological Psychology*, 97(1), 35-42.

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## Reports & Publications

NHS (Scotland). Transforming Psychological Trauma:  
<https://tinyurl.com/y9z4ewus>

SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach  
<https://tinyurl.com/yde4p9zc>

Thrive. Guide to Trauma-informed Organizational Development:  
<https://tinyurl.com/y9qbf8zs>

Veterans Administration. Trauma-informed Care Fact Sheet:  
<https://tinyurl.com/ycpcc8b3>

## Websites

Adverse Childhood Experiences-Centers for Disease Control:  
<https://tinyurl.com/y8fc6qok>

ACEs Connection  
<https://www.acesconnection.com/>

Center for Advancing Holocaust Survivor Care, Jewish Federations of North America  
<https://www.holocaustsurvivorcare.org/>

Trauma-informed Oregon  
<https://traumainformedoregon.org/>