

# Late Life Depression

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## Continuing Education Disclosures

Commercial Support – None

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For CME, CNE, CCM credit or attendance certificate -  
Full session attendance and completion of one on-line evaluation.

For social workers - Full session attendance, completion of one on-line  
evaluation, and post- test.

Evaluation link –  
Will be displayed at the conclusion of the webinar

Thank you!



## Objectives

- Identify the types of depression that are common in older adults
- Examine the relationship between depression and other medical conditions of older adults
- Explain the types of screening tools and assessments that can help identify depression in older adults
- Recognize the various treatment options that might be most effective for older adults

## Late Life Depression Types

- Major Depression
- Minor Depression
- Vascular Depression

## Normal Aging

- Resilience
- Continued Capacity for Relationships, Productivity and Creativity

## Comorbidity of Late Life Medical Conditions and Depression

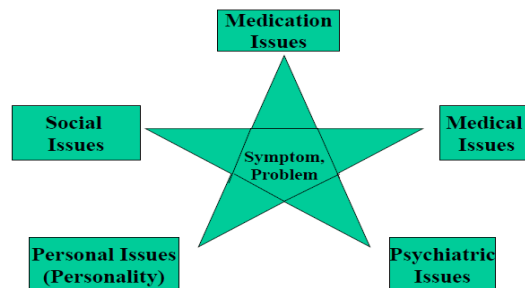
- Heart Disease
- Cancer
- Diabetes
- Stroke
- Dementia

## Options for Assessing Depression in Older Adults

- Patient Health Questionnaire (PHQ) 2 and 9
- Geriatric Depression Scale (GDS)
- STAR Method

## Understanding and Addressing Geriatric Problems

- The Wisconsin STAR Method



## Treating Older Adults with Depression

- Medications
- Light
- Behavioral Activation
- Psychotherapies

## Suicide and Older Adults

- Generally Increasing for Older Adults
- Increases Substantially for Males

# Questions?

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