Motivational Interviewing Basics for

Chronic Health Conditions

# Tuesday, April 17, 2018

# 12:30 p.m. – 1:30 p.m. ET / 11:30 a.m. - 12:30 p.m. CT

## Live Webinar

# Continuing Education Information

### Speaker:

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SBIRT Training Program Manager

UW School of Medicine and Public Health, Department of Family and Community Medicine

**Target Audience:**

This educational activity is designed for physicians, nurses, social workers, clinical and management staff. Any allied health professional with an interest in improving care related to the topic area is welcome to attend.

**Desired Outcome:**

**Participants will be able to explain how to** initiate and continue discussions with their patients about implementing and sustaining important lifestyle changes that will improve their overall health and ability to manage their chronic conditions.This outcome will be assessed by participant self-report of knowledge gained from the activity.

**Objectives -** Following this educational activity, participants will be better able to:

* 1. Identify the spirit of motivational interviewing (MI), and contrast it with other approaches
  2. Experiment with the core MI skill of reflective listening in their current practice
  3. Use one MI strategy in current practice

**Special Needs:**

If you have needs under the Americans with Disabilities Act, please email [continuing-ed@metastar.com](mailto:continuing-ed@metastar.com).

# Continuing Education Credits

Registered Nurses –

MetaStar, Inc. is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

1.0 contact hour will be awarded for successful completion.

This program for 1.0 contact hours has been designed to meet the Minnesota Board of Nursing continuing education requirements. However, the nurse is responsible for determining whether these activities meet the requirements for acceptable continuing education.

MetaStar, Inc. is the provider of nursing contact hours in a joint planning agreement with the Lake Superior Quality Innovation Network (Lake Superior QIN). MetaStar Provider Number: 0186-008.

**Social Workers** – Wisconsin and Minnesota  
This program has been submitted to the National Association of Social Workers for 1.00 continuing education contact hours.

**Social Workers –** Michigan

This course is approved by the Michigan Social Work Continuing Education Collaborative-Approval # 022218-00. The Collaborative is the approving body for the Michigan Board of Social Work.

1. continuing education hours will be awarded for successful completion

# Continuing Education Disclosures

**Notice of requirements for successful completion -** Participants must complete an on-line evaluation with attendance attestation to obtain educational credit or a certificate of attendance. Full session attendance is required for educational credit. Social workers must complete a post-test evaluation.

**Disclosure of relevant financial relationships / conflicts of interest –** Participants will be informed prior to the beginning of the educational event.

**Commercial support –** None

**Registration Fees and Refund Policy:** There is no cost for this learning activity.

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