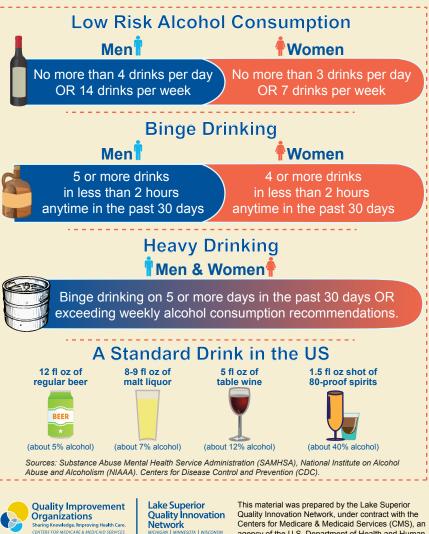
# **Alcohol Consumption Guideline**



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# Scoring Guidelines for Select Alcohol Screening Tools

# **Single Question Screening**



**How many times in the past year have you had X or more drinks in a day?** (X = 5 for men, and 4 for women and adults over 65 years old)

#### **Single Question Scoring**

OR



Patients who report having exceeded the number of drinks one or more times within the past year are considered positive. <u>Suggestion:</u> Administer the full Audit US screen.

# AUDIT 1-3 US Scoring—Modified for US standard drink



The AUDIT 1-3 (US) is scored on a scale of 0-18. Each question has 7 answer choices (0-6).



A total of 8 or more for men under 65 years old is considered positive.



A total of 7 or more for women and adults 65 years old and older is considered positive.

# AUDIT US Scoring—Modified for US standard drink



Scores between 0-6/7 suggest abstinence or drinking below lowrisk guidelines. <u>Suggestion:</u> Education on risky drinking limits.



Scores between 7/8-15 suggests drinking above recommended guidelines. Suggestion: Brief intervention.



Scores between 16-24 suggest drinking above guidelines and experiencing alcohol-related harm. <u>Suggestion</u>: Brief intervention and follow up.



A score of 25 or more suggests alcohol dependence symptoms. <u>Suggestion</u>: Referral to specialized alcohol treatment may be required.

Sources: Substance Abuse Mental Health Service Administration (SAMHSA), National Institute on Alcohol Abuse and Alcoholism (NIAAA). Centers for Disease Control and Prevention (CDC).