12-Step Meeting Directory for Southeast

Michigan and Greater Detroit Area

**Alcoholics Anonymous**

## <http://www.aa-semi.org/>

Alcoholics Anonymous (AA) is a 12-step based self-help group open to those who desire to stop drinking. Meetings are generally open to anyone with a desire to stop drinking, however, there are “open meetings” available that are open to the general public and those curious about AA. These can be found with a designation of “open” in the meeting directories. Meetings that are designated as “closed” are for members only.

**Narcotics Anonymous**

## <http://www.michigan-na.org/>

Narcotics Anonymous (NA) is 12-step based self-help group patterned after AA that is open to those seeking abstinence from drugs and alcohol. Visitors are welcome to any NA meeting and there usually no distinction between “open” and closed” meetings.

**Al-Anon/Alateen Family Groups**

## <http://www.al-anon.alateen.org/al-anon-in-michigan/108-detroit>

Al-Anon is a mutual support group of peers that is open to anyone whose life is impacted by someone who is a problem drinker. Al-Anon is patterned on the 12 steps of AA, however, is focused on the individual(s) impacted by the problem drinker. Alateen is a fellowship of young Al-Anon members, usually teenagers, who have been affected by someone else’s drinking. Alateen groups are sponsored by adult Al-Anon members who help them stay on track.

**Families Anonymous**

## <http://www.familiesanonymous.org/>

Families Anonymous is a 12-step based group for anyone whose life is impacted by the destructive behavior of someone close to them, whether caused by drugs, alcohol or related behavioral problems.